



Plum Blossom Tea Company
www.plumblossomtea.com

Whisking a Bowl of Matcha

Simple steps for making a lovely bowl of matcha.

You will need:

- Ceremony grade Matcha (powdered green tea)
- A sifter (optional)
- A bowl (chawan)
- A bamboo whisk (chasen)
- A pot to boil water
- A second pot to cool the boiling water
- A towel

Optional Step 1: sift matcha to break up clumps that might have formed.

Step 1: Boil water on the stove or in an electric kettle.

Step 2: Pour boiling water into your bowl to warm it.

Step 3: Wet your whisk in the bowl of hot water, and set the whisk aside.

Step 4: Empty the bowl and dry it.

Step 5: Pour boiling water into second pot to drop the temperature to approx. 170F.

Step 6: Place approx. 1/2 tsp matcha (powdered green tea) into the bowl.

Step 7: Add approx. 1/3c.170F water to the bowl of matcha.

Step 8: Whisk for about 30 seconds with a bamboo whisk.

Step 9: Smell (mmmmm....) then drink like you mean it!